Psalm 40  

Expectans expectavi  

tone VI

I WAITED patiently for the Lord: and he in-clined unto me, and heard my calling.  

2. He brought me also out of the horri-ble pit, out of the mire and clay: and set my feet upon the rock, and ordered my goings.  

3. And he hath put a new song in my mouth: even a thanksgiving unto our God.  

4. Many shall see it, and fear: and shall put their trust in the Lord.  

5. Blessed is the man that hath set his hope in the Lord: and turned not unto the proud, and to such as go about with lies.  

6. O Lord my God, great are the wondrous works which thou hast done, like as be also thy thoughts which are to usward: and yet there is no man that ordereth them un-to thee.  

7. If I should declare them, and speak of them: they should be more than I am able to express.  

8. Sac-rifice and meat-offer-ing thou wouldest not: but mine ears hast thou opened.  

9. Burnt-offerings, and sacrifice for sin, hast thou not required: then said I, Lo, I come,  

10. In the volume of the book it is
written of me, that I should fulfil thy will, O my God: I am content to do it; yea, thy law is within my heart. 11. I have declared thy righteousness in the great congregation: lo, I will not refrain my lips, O Lord, and that thou knowest. 12. I have not hid thy righteousness within my heart: my talk hath been of thy truth and of thy salvation. 13. I have not kept back thy loving mercy and truth: from the great congregation. 14. Withdraw not thou thy mercy from me, O Lord: let thy loving-kindness and thy truth alway preserve me. 15. For innumerable troubles are come about me; my sins have taken such hold upon me that I am not able to look up: yea, they are more in number than the hairs of my head, and my heart hath failed me. 16. O Lord, let it be thy pleasure to deliver me: make haste, O Lord, to help me. 17. Let them be ashamed and confounded together, that seek after my soul to destroy it: let them be driven backward and put to rebuke, that wish me evil. 18. Let them
be desolate, and rewarded with shame: that say unto me, Fie upon thee, fie upon thee. 19. Let all those that seek thee be joyful and glad in thee: and let such as love thy salvation say alway, The Lord be praised. 20. As for me, I am poor and needy: but the Lord careth for me. 21. Thou art my helper and redeemer: make no long tarrying, O my God. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen