LORD, thou hast been our refuge: from one generation to another. 2. Before the mountains were brought forth, or ever the earth and the world were made: thou art God from everlasting, and world without end. 3. Thou turnest man to destruction: again thou sayest, Come again, ye children of men. 4. For a thousand years in thy sight are but as yesterday: seeing that it is past as a watch in the night. 5. As soon as thou scatterest them they are even as a sleep: and fade away suddenly like the grass. 6. In the morning it is green, and groweth up: but in the evening it is cut down, dried up, and withered. 7. For we consume away in thy displeasure: and are afraid at thy wrathful indignation. 8. Thou hast set our misdeeds before thee: and our secret sins in the light of thy countenance. 9. For when thou art angry all our days are gone: we bring our years to an end, as it were a tale that is told. 10. The days of our age are threescore years and ten; *and though
men be so strong that they come to fourscore years: yet is their strength then
but labour and sorrow; *so soon passeth it away, and we are gone. 11. But who
regardeth the power of thy wrath: for even thereafter as a man feareth, so
is thy displeasure. 12. So teach us to number our days: that we may apply
our hearts unto wisdom. 13. Turn thee again, O Lord, at the last: and be
gracious unto thy servants. 14. O satisfy us with thy mercy, and that soon: so
shall we rejoice and be glad all the days of our life. 15. Comfort us again now
after the time that thou hast plagued us: and for the years wherein we have
suffered adversity. 16. Shew thy servants thy work: and their children thy glo-
ry. 17. And the glorious majesty of the Lord our God be upon us: prosper thou
the work of our hands upon us, O prosper thou our handywork. Glory be
to the Father, and to the Son: and to the Holy Ghost; As it was in the be-
ginning, is now, and ever shall be: world without end. Amen