Psalm 90
Domine, refugium
tone VI

1. LORD, thou hast been our refuge from one generation to another.
2. Before the mountains were brought forth, or ever the earth and the world were made: thou art God from everlasting, and world without end.
3. Thou turnest man to destruction: again thou sayest, Come again, ye children of men.
4. For a thousand years in thy sight are but as yesterday: seeing that it is past as a watch in the night.
5. As soon as thou scatterest them they are ever as a sleep: and fade away suddenly like the grass.
6. In the morning it is green, and groweth up: but in the evening it is cut down, dried up, and withered.
7. For we consume away in thy displeasure: and are afraid at thy wrathful indignation.
8. Thou hast set our miseries before thee; and our secret sins in the light of thy countenance.
9. For when thou art angry all our days are gone: we bring our years to an end, as it were a tale that is told.
10. The days of our age are three-score years and ten; and though:

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10. The days of our age are three-score years and ten; and though:
men be so strong that they come to fourscore years: yet is their strength then
but labour and sorrow: so soon passeth it away, and we are gone. 11. But who
regardeth the power of thy wrath: for even thereafter as a man feareth, so
is thy displeasure. 12. So teach us to number our days: that we may apply
our hearts unto wisdom. 13. Turn thee again, O Lord, at the last: and be
gracious unto thy servants. 14. O satisfy us with thy mercy, and that soon: so
shall we rejoice and be glad all the days of our life. 15. Comfort us again now
after the time that thou hast plagued us: and for the years wherein we have
suffered adversity. 15. Show thy servants thy work: and their children, thy glo-
ry. 17. And the glorious majesty of the Lord our God be upon us: prosper thou
the work of our hands upon us, O prosper thou our hardwork. Glory be
to the Father, and to the Son: and to the Holy Ghost: As it was in the be-
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