Psalm 103

Benedic, anima mea

tone VIII2

[Musical notation]

PRAISE the Lord, O my soul: and all that is within me praise his holy Name. 2. Praise the Lord, O my soul: and forget not all his benefits: 3. Who forgiveth all thy sin: and healeth all thine infirmities: 4. Who saveth thy life from destruction: and crowneth thee with mercy and loving-kindness: 5. Who satisfieth thy mouth with good things: making thee young and lusty as an eagle. 6. The Lord executeth righteousness and judgement: for all them that are oppressed with wrong. 7. He shewed his ways unto Moses: his works unto the children of Israel. 8. The Lord is full of compassion and mercy: long-suffering, and of great goodness. 9. He will not always chide: neither keepeth he his anger for ever. 10. He hath not dealt with us after our sins: nor rewarded us according to our wickednesses. 11. For as the heavens are higher than the earth: so great is his mercy also toward them that fear him. 12. Look how wide also the east is from the west: so far hath he set
our sins from us. 13. Yes, like as a father pitieth his own children; even so
is the Lord merciful unto them that fear him. 14. For he knoweth whereas
we are made he remembereth that we are but dust. 15. The days of man are
but as grass; for he flourisheth as a flower of the field. 16. For as soon
as the wind goeth over it, it is gone; and the place thereof shall know it no
more. 17. But the merciful goodness of the Lord endureth for ever and ever upon
them that fear him: and his righteousness upon children's children; 18. Even
upon such as keep his covenant: and think upon his commandments to do
them. 19. The Lord hath prepared his seat in heaven: and his kingdom ru-leth
over all. 20. O praise the Lord, ye angels of His, ye that exceed
in strength: ye that fulfil his commandment, and hearken unto the voice of
his words. 21. O praise the Lord, all ye his hosts: ye servants of his that
do his pleasure. 22. O speak good of the Lord, all ye works of his, in all
places of his dominion: praise thou the Lord, O my soul. Glory be to the
Father, and to the Son: and to the Holy Ghost: As it was in the beginning,
is now, and ever shall be: world without end. Amen

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