LET my complaint come before thee, O Lord: give me understanding, according to thy word. 170. Let my supplication come before thee: deliver me, according to thy word. 171. My lips shall speak of thy praise: when thou hast taught me thy statutes. 172. Yea, my tongue shall sing of thy word: for all thy commandments are righteous. 173. Let thine hand help me: for I have chosen thy commandments. 174. I have longed for thy saving health, O Lord: and in thy law is my delight. 175. O let my soul live, and it shall praise thee: and thy judgements shall help me. 176. I have gone astray like a sheep that is lost: O seek thy servant, for I do not forget thy commandments. Glory be to the Father, and to the Son: and to the Holy Ghost; As it was in the beginning, is now, and ever shall be: world without end. Amen.